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**KITCHEN BUZZ**  
*Garlic Flower Soup*

10 cloves garlic, peeled  
6 cups chicken broth  
1-1/2 heads of cauliflower  
Salt and white pepper, to taste  
1 cup half & half  
Sour cream, optional



In a soup pot, simmer the cauliflower and garlic in the broth for about 45 minutes. After cooking, leave in pan and use a potato masher to break up. Don't make the mixture smooth—leave it so it has some texture. Add salt and pepper to taste and the half & half. Simmer again until heated through. Pour into individual bowls and top each serving with a dollop of sour cream. Enjoy!

\*Note: the garlic and cauliflower can be roasted before simmered in the chicken broth for richer flavor.

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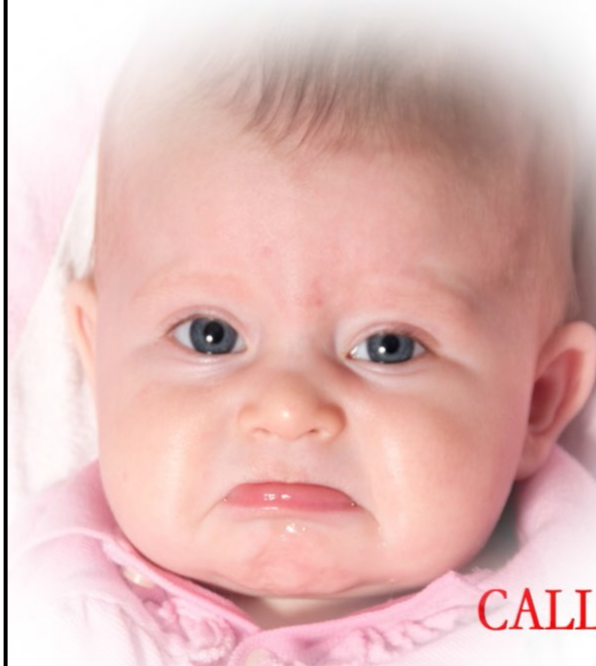
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A Better Way To See The World Around You

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Retailers come in all varieties, but few are as unique or inviting as Britches & Bows Children's Resale Boutique at 543 Rambow in Monroe. This store sells clothing—lots of it—for girls and boys, as well as an impressive selection of other items you won't find elsewhere.

For instance, women can choose from a collection of jewelry, purses and shoes—while shopping for the kids, of course. Moms to-be are also treated: Britches & Bows is the only maternity resale shop in Monroe.

"We're completely different from other boutiques," agrees store owner Johanna Williams. "No other store in Monroe offers both new and resale items. We are extremely clean—we wash and dry all clothes before selling them. And we offer quality items at affordable prices."

Stocked resale items include children's clothing sizes newborn to 16, shoes and outerwear. New items include many accessories, ranging for boys from neckties to hats to suspenders. Girls accessories include leg warmers, jewelry and nail art.

"I sell the same items I would buy for myself or my own children," Johanna says.

Service and selection are key at Britches & Bows. In addition to clothing, patrons will find award-winning children's toys by Melissa & Doug, Piggy Paint Nail Polish, books, and DVDs. The boutique also strives to support local businesses and is the only storefront for two Monroe-based companies: Miss Emma's Hair Bows, featuring new hair accessories and tutus for girls, and Gifted Wood Signs by Andrea, hand-painted signs in a variety of sizes and colors. Items from both of these companies can be custom ordered in the boutique.



Britches & Bows is also the only local carrier of Sticky Bellies, a company in Novi that manufactures monthly milestone stickers for moms and babies.

For those who want to sell their gently used items, the boutique pays cash or store credit plus an additional bonus that can be used to purchase resale items. Visa, Mastercard and Discover are conveniently accepted. For more information, please call (734) 682-3399 or visit BritchesAndBowsResale.com. Social media users can go to Facebook.com/BritchesAndBowsResale.

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## MICHIGAN BUZZ Great Lakes Lighthouse Festival

On September 15, 1998, the State of Michigan proclaimed October as Lighthouse Awareness Month. But before this, earnest plans for the first Great Lakes Lighthouse Festival began in 1995. The Festival's organizing committee longed to present an educational and entertaining forum in which Michigan's lighthouses could be appreciated.

The Festival now draws hundreds of enthusiasts to Alpena each year. It capitalizes on Lighthouse Awareness Month and encourages others to join efforts in protecting Michigan's numerous lighthouses.

In addition to showcasing lighthouses, the Festival promotes public awareness. On October 11 it will highlight the Michigan Lighthouse Assistance Program, which funds lighthouse preservation throughout the state with money generated from the sale of Save Our Lights license plates. This effort allows the State Historic Preservation Office (SHPO) to grant money to lighthouse stewards for the preservation of lighthouses and related buildings.

Since 2000 the SHPO has awarded more than \$1.5 million in Michigan Lighthouse Assistance Program grants. For information about the MLAP, visit [www.michigan.gov/shpo](http://www.michigan.gov/shpo).

The four-day Great Lakes Lighthouse Festival will be held October 10-13, 2013, at the APlex, 701 Woodward Avenue, Alpena. Participants will be treated to displays of photography, as well as artists, crafters, and authors. They will also have an opportunity to visit 12 lighthouses, from Tawas to Mackinaw. Weather permitting, boat tours will go to Middle Island and Thunder Bay Island Lighthouses, and helicopter photo tours to up to five different lighthouses.

Admission to festival activities at the APlex is \$2.50 per person. For festival information visit [www.lighthousefestival.org](http://www.lighthousefestival.org) or contact Melanie Kirm at (586) 566-1603.

## HEALTH BUZZ New Four-Strain Flu Vaccine for 2013-14

Flu vaccines in the United States have for years been designed to protect against three strains of flu. But during the 2013 to 2014 flu season, a vaccine that protects against four strains will offered for the first time.

Because flu strains around the world are constantly changing, a new flu vaccine is made every year. Scientists make the vaccine before flu season starts by predicting which strains are likely to be the most common during the upcoming season.

This year's four-component flu vaccine will contain two influenza A strains, H1N1 and H3N2, and two influenza B strains.

About 135 million to 139 million doses of flu vaccine are projected to be available during the 2013 to 2014 flu season. Of those, about 30 million will be the four-strain vaccine. The rest will be a three-strain vaccine.

The precise time when flu season starts and ends is unpredictable, so health officials recommend people get their flu shot in early fall, before activity starts to rise. Flu viruses typically peak in January or February.

The 2013-2014 flu vaccine is available starting this fall. Some flu vaccine manufacturers began shipping this year's vaccine to health care providers in September.

Effectiveness of the yearly flu vaccine depends upon several factors, including how well the flu strains in the vaccine match the strains in circulation. Other ways to protect yourself include washing your hands to prevent the spread of germs and staying home from school or work when you are sick. Also avoid contact with others who have flu-like symptoms.

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## BUZZ BACK IN TIME

### Elmwood Cemetery Oldest in Michigan



If you ask someone what the oldest continuously operating cemetery in Michigan is, they will likely tell you Elmwood Cemetery in Detroit. This integral piece of Michigan history was founded in the spring of 1846, when a handful of Detroit's leading citizens decided to create a cemetery in the city's suburbs. They purchased forty-two acres from the George Hunt Farm in Hamtramck for the sum of \$1,850.

The cemetery was incorporated three years later as a non-profit organization. In 1883, an endowment fund was created for the perpetual care of the cemetery and individual lots. Over the years, additional land was purchased from the Hunt Farm and neighboring farm of D.C. Whitwood so that today the cemetery consists of approximately eighty-six acres.

Apart from its age, Elmwood boasts a group of celebrated and prominent citizens who are buried in its sacred ground. A special lot is designated for those who fought in the Civil War, and it is one of the few places in America where the flag is flown continuously as a memorial to those patriots.

Also buried there are W.A. Burt, the inventor of the Equatorial sextant and solar compass, and Margaret Mather, the great Shakespearean actress of the nineteenth century. Other notables include governors, mayors, judges, ministers, lawyers, doctors, businessmen and abolitionists.

Additional noteworthy persons memorialized at Elmwood include Lewis Cass, Michigan's Territorial Governor; Douglass Houghton, Michigan's first State Geologist; Eber Brock War, Michigan's first millionaire; and General Philip St. George Cook, who led the Mormon Battalion to Los Angeles in 1846, raising the flag at Fort Tucson along the way.

## LITERARY BUZZ

### Cherry Piano

See a photo of Cherry Piano on our Facebook page or at [themonroebuzz.com](http://themonroebuzz.com).

The insomnia and physical exhaustion eventually spent itself. Cherry gradually felt better, she was able to once more think clearly and function efficiently. The day even came when she looked forward to her walk outside, to the sound of her boots crunching on fresh snow. She realized she was finally making progress.

The alcohol—or poison, as Tim called it—left Cherry's body, and she lost the puffy look that had once plagued her. She was still excessively thin from eating so little in the rehab facility, but her skin was clear and her eyes bright. Even her hair had bounce, and she walked with a sense of purpose.

"You look fantastic," Tim complimented after the first of the year.

Cherry smiled but then quickly sobered. She'd been thinking about an event that wouldn't leave her mind. Although she hated to disturb the pleasant mood in Tim's office, she had to ask.

"Last year, when you took over my case, you told Honor that Margaret had phoned and asked about my progress." She looked at him. "Was that true?"

"Why do you ask?"

"I need to know. I don't think Margaret has ever cared about me, but if she has, then I've been wrong." She spread her hands helplessly. "I need to know."

Tim rubbed his hand over a growth of faint stubble on his chin. "You're right," he said at last. "I made that up to convince Honor you needed to be taken out of her care. The truth is I'd been worried about you for a while, but Honor only dismissed my questions. I started paying attention and learned you weren't speaking in your counseling sessions. Then I realized you were drinking..."

Cherry absorbed this information, and then another thought occurred to her. "Where is Honor?"

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# LOCAL BUZZ

## Belle Isle Closer to Becoming State Park

Belle Isle could soon become Michigan's 102nd state park under a partnership between the city of Detroit and state of Michigan. The signed 30-year lease will relieve city financial pressures, revitalize the park and improve the quality of life for city residents.

The lease was signed by Governor Rick Snyder on Tuesday, October 1, and then transmitted to the city of Detroit. Under Public Act 436, the law governing emergency managers, the City Council has 10 days to approve or disapprove the lease. If the Council rejects the lease, it has an additional seven days to advance an alternative that would save the same amount of money or more as the lease.

"Detroit's current financial condition prohibits the city from investing in the much-needed restoration of Belle Isle," said Mayor Dave Bing.

Under the lease, the city will maintain ownership of Belle Isle while the Michigan DNR will assume responsibility for management. The Michigan Department of Transportation will assume responsibility for roads and bridges on Belle Isle. The DNR will begin to improve the park immediately following a 90-day transition period based on a detailed one-year phased management plan that is included in the lease.

State management of the island will save Detroit a minimum of \$4 million a year. In addition, the state will invest in the island through a variety of sources, including grants, bonds and donations from private organizations willing to partner in the park's revitalization. State investment will amount to between \$10 million and \$20 million in the first 18-36 months of state management.

A 7-member advisory committee will advise the state on improvements and master planning for the park. Park revenue will be placed in a special sub-account in the Department of Natural Resources State Park Improvement Fund to administer, maintain and improve the park. The balance of that sub-account will transfer to the city upon termination of the lease.



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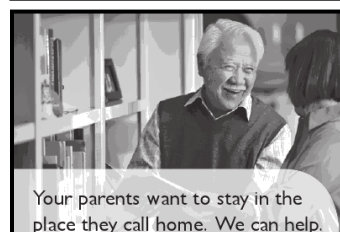
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# NEW STORY SPOTLIGHT

## A Family Tale

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Together, Sadie, Dylan and Gloria cleaned out the few valuables from the trailer and boxed and moved them to Dylan's house. The living room furniture, stacks of papers and plastic dishes stayed, along with the filthy rug, cheap bathroom furnishings and yellowed curtains. Sadie took a last look around, dust particles floating in the air through splinters of light, and thought the place seemed somehow deflated. It had never felt like a home, but now that she was leaving she couldn't help but liken it to an exile. She could no longer remember how she and Gloria had survived such an environment.

Still, she wondered what was really going on. The move to her dad's made no sense, and she felt troubled by plaguing worries. "Dad, what about your wife and kids?" she asked with a furrowed brow.

Dylan sighed. He'd made a pact with Gloria that he wouldn't tell their daughter the truth, but he didn't know how to answer. He had no other wife and children. That was a story concocted by Gloria to excuse her work at the strip club. She had painted herself as a betrayed wife who had no option but to support herself and child with a tawdry job. Now, Dylan hated himself for being tangled in yet another of her webs, but he believed that nothing mattered more than having the three of them together again. So he kept his mouth shut.

"Sadie, your mother and I are doing this for you," he replied steadily. "You deserve better than that hole your mother had you in. We want Pax's family to accept you as his equal."

Sadie didn't say that she'd never be Pax's equal. She would never have the backing of old money or the important family connections, not even after she was married. But like Dylan, she remained silent. And once she saw his house, that mysterious dwelling in which she'd never before been invited, she capitulated. It was everything the trailer had not been—light and airy, with almond-colored carpet and softly painted walls. She was in awe.

## When Disaster Strikes, Our Community Needs YOU! Medical and non medical volunteers are needed.



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